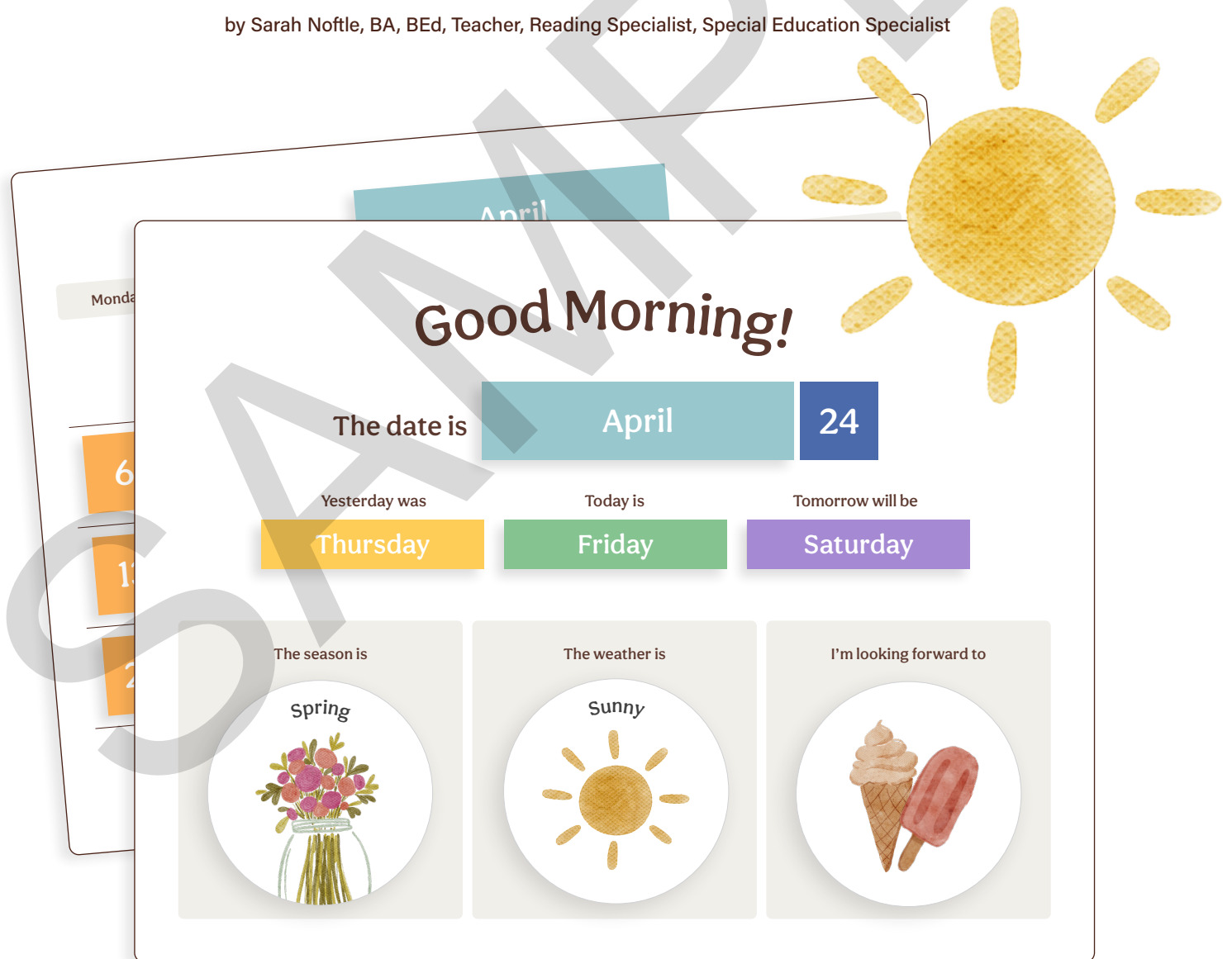




Morning Time

WITH LITTLES

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MORNING TIME WITH LITTLES

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MORNING TIME WITH LITTLES

Welcome!

Welcome to Morning Time with Littles! So much learning will be unfolding right before your eyes every single morning—plus lots of sweet singing and smiles! Below I'll walk you through what is included and how you may choose to use the resource in your home.

What to Expect

Morning Time with Littles includes a beautiful dashboard and calendar for you to use with your little one, as well as handy printables, songs, and more.

Each day, you can play and sing about five things together:

1. The Days of the Week
2. The Months of the Year
3. The Four Seasons
4. The Weather
5. Optional: The Moon Phases

Within this resource, you will find a song for each of these five topics. I have included links to the songs on YouTube so you can listen to them and get a feel for the tune and beat. The videos are only for you to watch until you are comfortable enough with the lyrics and tune to sing the songs with your little one.

I encourage you to sing the first four songs each day (they are short!), as this will really help your child remember this information. The fifth song about the moon phases is longer but very fun if you would like to add it in.

You will also find ideas for how you might play and learn about each of the five topics. I encourage you to choose one or two activities to do each day. Perhaps on Monday you do an activity from the “Days of the Week,” and on Tuesday you do an activity from “The Months of the Year,” and so on. Mix it up and see what your child enjoys!

About the Printables

The printables include your Morning Time Dashboard, two calendars (one starting on Sunday and one on Monday), as well as cards for you to use on your dashboard and calendar. The cards include:

- Days of the Week, Numbers, and Months
- Weather and Season Cards
- “I’m Looking Forward To” Cards
- Phases of the Moon

There are multiple color options provided for the Months, Days of the Week, and Numbers. You may choose to use one color, create a rainbow that spans the week, or mix and match colors in whatever way works best for your family.

How to Prep Your Materials

To start, print your dashboard, calendar, and cards. So your resource lasts longer, I recommend printing on cardstock (if you selected a hard copy, this is what has been sent to you).

You might also choose to laminate the dashboard, calendar, and cards. This can be done with a laminator, or there are a few at-home options as well. Clear shelf liner, contact paper, or packing tape can be applied to the top of your printables to make them more durable.

Next, cut out the cards and pop them into baggies or envelopes, or secure them with elastic bands. I recommend cutting out the circle cards with a 2.5-inch circle punch and using a paper cutter for the Days of the Week, Numbers, and Months.

Finally, you can decide what will work best for you to secure your cards to the dashboard and calendar. You will need to change these cards frequently, so we want the adhesive to be removable. You could use circles of tape, sticky tack, Velcro dots, or tacky repositionable glue.

An Example Morning Routine

Start by setting up the calendar with the day numbers that have already passed. For example, if it's the 6th of the month, put the day numbers 1 to 5 on the calendar.

Now bring out the rest of the cards and let's begin!

1. Sing the Days of the Week Song

Have your little one figure out what day of the week it is and stick it onto the Morning Time Dashboard. You can help as much as necessary. You might also choose to count all of the numbers of the month up to the current day, so in our example, you would count the numbers 1 to 6.

2. Sing the Months of the Year Song

Lay the months of the year in front of your little one. As you sing the months, tap each card as you sing that month's name. Decide what month it is currently and have your little one stick it on the Morning Time Dashboard.

3. Sing the Seasons Song

Help your little one figure out what season it is and have them stick it onto the Morning Time Dashboard. This will become easier as your child becomes more familiar with the calendar.

Perhaps today, you decide to use one of the activities from the Seasons section. You read the instructions for the Jump Up game and play it with your little one.

Each day you can play a different game or activity, rotating through the various ones included with this resource. One or two a day will be plenty!

4. Sing the Weather Song

Chat with your little one about the weather, then have them select a card to match the current weather and stick it on the Morning Time Dashboard.

5. Optional: Sing the Moon Song

This song is longer, and the information is a bit more complex, so you may or may not choose to include this section as part of your morning routine. If you do, have your little one turn the spinner to the current moon phase.

6. Add a Special Day to the Calendar

Finally, take note of any special days coming up (birthdays, holidays, trips, etc.). You may choose to add one of the "I'm Looking Forward To" cards to the Morning Time Dashboard, or even create your own "I'm Looking Forward To" card from a photo or picture that represents your special event!

7. Summary

Do a quick summary with your little one, stating the date, season, and weather once more before being done for the day.

When we slow down and become intentional with our little ones, we are able to watch the learning unfold right before our eyes! Morning Time is the perfect resource to help you do just that. So grab your cup of coffee and have fun!

xo Sarah



The Days of the Week

Sunday, Monday,
Tuesday, Wednesday,
Thursday, Friday,
Saturday.

Now's the time for us to say,
Today is _____!



MORNING TIME WITH LITTLES

The Days of the Week

Let's Sing a Song!

A nice little song to practice saying the days of the week in order! There is also an optional extension song so you can practice the terms 'yesterday' and 'tomorrow' as well.



Morning Time with Littles: Days of the Week Song by How Wee Learn

The Days of the Week Lyrics

Sunday, Monday,
Tuesday, Wednesday,
Thursday, Friday,
Saturday.
Now's the time for us to say,
Today is _____.

Optional Extension

Sing to the tune of *Frère Jacques*:

Today is _____.
Today is _____.
All day long.
All day long.
Yesterday was _____.
Tomorrow will be _____.
Oh what fun!
Oh what fun!

Ways to Learn and Play

Learning the days of the week is one of your child's first introductions to the idea of time. Through songs, repetition, and daily practice, your little one will begin to notice that the days follow a familiar order and repeat again and again. This section also helps your child play with the ideas of yesterday, today, and tomorrow.

Below are activities for learning about the days of the week:

1. **Today:** Begin by telling your child what day of the week it is today. Now sing the song slowly and have your child jump when they hear today's day of the week! Find that card and add it to the dashboard.
2. **Tomorrow:** Do the same as above, but have your child jump when they hear tomorrow's day of the week. Find that card and add it to the dashboard.
3. **Yesterday:** Yesterday is a tricky concept for children to grasp! Lay the days in order and sing together, pointing to each card. Stop on today and explain that yesterday was the day before. Find that card and add it to the dashboard.
4. **Sort It Out:** Say each day of the week slowly, really enunciating the first letter sound. Challenge your little one to find the day of the week that starts with a certain sound, such as /t/ for Tuesday.
5. **Clap It Out:** We can also work on phonological awareness skills while playing with the days of the week! As you say each day of the week, clap the syllables: Sun-day, Mon-day, Tues-day. Only one day has more than two syllables. Can your little one figure out which day of the week it is?

Good Morning!

The date is

Yesterday was

Today is

Tomorrow will be

The season is

The weather is

I'm looking forward to

[illegible]



MORNING TIME WITH LITTLES

Dashboard and Calendar Components

On the following pages are the components for your Morning Time Dashboard and Calendar:
Months, Numbers, and Days of the Week in a rainbow of color options, Weather Cards, Season Cards,
“I’m Looking Forward To” Cards, and Blank Cards for you to make your own.

January	February	March	April	May	June	July	August	September
October	November	December	January	February	March	April	May	June

Monday	Monday	Monday	Monday
Tuesday	Tuesday	Tuesday	Tuesday
Wednesday	Wednesday	Wednesday	Wednesday
Thursday	Thursday	Thursday	Thursday
Friday	Friday	Friday	Friday
Saturday	Saturday	Saturday	Saturday
Sunday	Sunday	Sunday	Sunday
Monday	Monday	Monday	Monday
Tuesday	Tuesday	Tuesday	Tuesday
Wednesday	Wednesday	Wednesday	Wednesday
Thursday	Thursday	Thursday	Thursday
Friday	Friday	Friday	Friday
Saturday	Saturday	Saturday	Saturday
Sunday	Sunday	Sunday	Sunday

Sunny



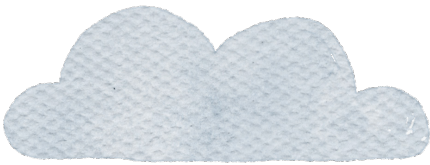
Rainy



Spring



Cloudy



Snowy



Summer



Partly Cloudy



Stormy



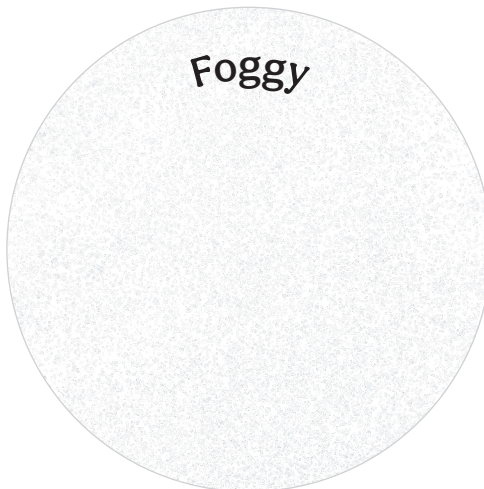
Fall



Windy



Foggy



Winter

